

“Stay Farming, Growing and Healthy” Go Organic!

This is the theme of a Public Seminar at the Organic College, Dromcollogher on Friday, November 11th.

This Seminar is one of a number of events for National Organic Week 7th November to 13th November 05.

The aims of Organic Week are to raise awareness of the value of Organic Food for consumers for the environment and as an opportunity for Farmers and Growers.

The Seminar will be led by Organic Farmer and Farming Consultant Mary Lynch who will deal with the practical problems of animal and crop production, converting from convention to organic production and maintaining an income to stay in farming for the long haul as an organic producer. As well as being an experienced Organic Farmer, Mary is chairperson of the Organic Standards Committee of I.O.F.G.A. and teaches at the Organic College.

Denis Cotter of Restaurant Paradiso in Cork will speak on Organic Food to the Consumer. As founder and chef at one of the Restaurant in Ireland, he will deal with his experience of adding value to organic food, and matching the needs of growers and consumers.

Kathy Sinnott M.E.P. has wide international experience from the U.S. and the E.U. on trends and policies in Sustainable Farming. Having grown up on a farm in the U.S. and currently Munster M.E.P. she has a particular interest in health and rural living issues. She will present a vision of farming which is modern, sustainable and balanced, G.M. free and serving the people of Europe and the third countries rather than the major corporations and banks.

The Seminar starts at 8 p.m. and is open to the public. Booking is advised.

The Organic College runs a range of full-time, part-time and Distance Learning Courses in Growing with Sustainable Living Skills, Animal Production and Organic Enterprise. These courses are currently all filled and bookings for the Autumn Cycle of 2006 are being taken at present. Contact and further information Sinead and Jim at 063 83604.

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